



## *The One-Year-Old Child's Speech and Language Development*

### **At age one, your child...**

- ❖ Recognizes his or her name
- ❖ Understands "no"
- ❖ Understands simple instructions
- ❖ Imitates familiar words
- ❖ Waves good-bye and plays pat-a-cake
- ❖ Uses "mama" and "dada" and several other words, usually nouns
- ❖ Likes to make the sounds of familiar animals and things
- ❖ Gives a toy on request
- ❖ Laughs a great deal
- ❖ Hears well and discriminates between many sounds
- ❖ Shows a great deal of affection, including making noises and patting parents affectionately
- ❖ Places a block in a cup on command
- ❖ Scribbles imitatively with a crayon

# You can help promote your one-year-old child's speech and language by....

- ❖ Reading colorful books to your baby
- ❖ Encouraging imitation games such as peek-a-boo
- ❖ Reciting nursery rhymes
- ❖ Playing music (classical, kids' songs, music with a beat) in the background as your baby eats, bathes, etc
- ❖ Using short words with your baby
- ❖ Imitating your baby's movements and vocalizations
- ❖ Rewarding and encouraging early efforts at producing new words
- ❖ Not pressuring your baby to perform for you
- ❖ Talking to your baby about everything you're doing when you're together

